

Are You
Pregnant?
Congratulations!



It's time for you to register for

Pregnancy Basics

with Mary Kahrs, BS, MA, FACCE, BSS - CFA, Inc.

It's Fun, Interactive & Free!



This class is offered
1 evening a month
7-8:30pm

Attend In person or via Zoom

Dates are listed on our website.

www.familycfa.com/pregnancy-basics

Use the QR code,
call or text us **631-360-2880**

