



Live & In Person Parent-Child Programs

New Mother's Group

Moms & their infants birth-3 months.
1.5 hours

Mondays, 1:30, Hybrid, \$75

Feb. 27, March 6, 13, 20, 27

or

April 17, 24, May 1, 8, 15

Fun for Wee Ones

For babies, crawlers & their grownup.
1 hour

Mondays, 11am, \$168

March 20, 27, April 17, 24, May 1 & 8

Tuesdays, 11am, \$196

March 21, 28, April 11, 18, 25, May 2, 9

Thursdays, 12:15pm, \$196

March 23, 30, April 13, 20, 27, May 4, 11

It's time to come & play!

CFA, Inc. & Fit4mom

www.familycfa.com

631-360-2880

60 East Main Street, Kings Park



Stay & Play

For walkers, talkers and their grownup.
1 hour

Tuesdays, 9:45am, \$196

March 21, 28, April 11, 18, 25, May 2, 9

Wednesdays, 9:45am, \$196

March 22, 29, April 12, 19, 26, May 3, 10

Thursdays, 9:45am, \$196

March 23, 30, April 13, 20, 27, May 4, 11

Thursdays, 1:30pm, \$196

March 23, 30, April 13, 20, 27, May 4, 11

Fridays, 9:45am, \$196

March 24, 31, April 14, 21, 28, May 5, 12

Separation with Ease

For children learning to be on their own.
Grownups remain in the waiting areas.
1 hour

Mondays, 9:45am, \$168

March 20, 27, April 17, 24, May 1 & 8

Wednesdays, 11am, \$196

March 22, 29, April 12, 19, 26, May 3, 10

Fridays, 11am, \$196

March 24, 31, April 14, 21, 28, May 5, 12

**Please note: CFA/Fit4mom is closed
for Spring Break April 3-10**