New Mothers Group

Moms & their infants birth-3months, 1.5 hours, \$75

Tuesdays, 2pm, In Person, Virtual, Hybrid You choose:)

April 26, May 3, 10, 17, 24 OR June 14, 21, 28, July 5, 12

Programs listed below run for 9 weeks. The cost is ONLY \$245 paid in full. Or, 2 payments of \$135. The first due before start date, the second May 15th.

My Baby & Me

Parents & babies 3-6 months, 1 hour

Wednesdays, 1pm
April 27, May 4, 11, 18, 25, June 1, 8, 15, 22
Thursdays, 1pm
April 28, May 5, 12, 19, 26, June 2, 9, 16, 23

Fun for Wee Ones

Parents & babies 6-12 months, 1 hour

Mondays, 11am
April 25, May 2, 9, 16, 23, June 6, 13, 20, 27
Tuesdays, 11am
April 26, May 3, 10, 17, 24, 31, June 7, 14, 21
Wednesdays, 11:45am
April 27, May 4, 11, 18, 25, June 1, 8, 15, 22

Daytime is Playtime!

CFA, Inc. & Fit4mom www.familycfa.com 631-360-2880 60 East Main Street, Kings Park

Stay & Play

Parents & toddlers 1 -2 years, 1 hour

Separation with Ease

Preschoolers 2+ years, 1 hour Parents remain in the waiting areas

Mondays, 9:45am
April 25, May 2, 9, 16, 23, June 6, 13, 20, 27
Thursdays, 10am
April 28, May 5, 12, 19, 26, June 2, 9, 16, 23





